

Dear Clients and Friends,

We would like to wish you the happiest of holidays, and hope your traditions bring you peace and hope, with minimal stress. We have our 2011 wall calendars in the office already, and are hoping you will come by, grab one, and chat for a moment or two about your holiday plans. Give us a call if you would like us to mail one to you.

Christmas and the holiday traditions we cherish can easily increase stress, making the holiday season less than what it should be. Before becoming entrenched in your traditional planning, take some time to reflect on the roots of your traditions, and try to simplify your preparations. Remain open to new ideas; brainstorm, experiment, rediscover the beauty of this cherished season. Remember that every tradition was once new, and its heart is entrenched in the human experience. History has continued to show us that the indelible human soul endures, conquers and survives, stronger through changes.

Twenty ten has brought us plenty of stress, but also we have seen amazing endurance, unselfishness and innovation. We saw 33 trapped miners survive 68 days underground in Chile. In North Carolina, a mother of three created Wonder Capes to empower and cheer hospitalized children. Finally, Escondido got an In-N-Out of its very own!

However you chose to honor your holiday traditions, we hope you share your holidays with those you love, and are able to fill them with relaxing moments. We hope you will discover something fresh and revitalizing to carry forward.

H appy T raditions and M erry C hristmas,

**John**

**D imas**

**Lyddi**

**Suzanne**

**Andrew**

***Cookie***